HUTTON MOOR DUTY MANAGER SAVES GRANDFATHER’S LIFE
Welcome

Hello and welcome to the Winter Edition of the Legacy Leisure News. As we approach the end of 2016 it seems like a perfect time to reflect on what has been a very successful year for Legacy Leisure and our customers.

Firstly I would like to welcome all of the customers and staff from the North Somerset and South Wiltshire contracts, which moved to Legacy Leisure in August and September respectively. The centres represent a fantastic addition to our sites and I’m delighted that we can bring Legacy’s mission of spreading the benefits of exercise and leading active, healthy and fulfilling lifestyles to a new range of customers and communities.

To help fulfill our mission, we have recently launched a new community grant within the Windsor and West Berkshire contracts, with the intention of rolling it out across all other sites following the first full year of operation.

This funding is available to individuals for specific community based activities that will improve quality of life or assist with the attainment of personal goals within sport and leisure. It can be obtained via an application form on our website, legacyleisure.org.uk.

In other exciting news covered in this edition, Woodgreen Leisure Centre has recently undergone extensive refurbishment, bringing a new two-storey gym area to members and an increased range of health and fitness classes to appeal to a wider range of community members. In addition, there is a new library, reception and cafe area, and enlarged changing rooms for customers to enjoy during their visit. These new facilities will prove a welcome tool in helping to reduce inactivity in the area and in getting more people to come into the centre and try something new.

Throughout this newsletter, you will find evidence of the positive and life-changing work we are implementing for communities across the country. Whether it’s Northamptonshire contracts, which moved to Legacy Leisure in August and September respectively.

The introduction of new facilities and classes, the launch of new funded sports programmes or even something as simple as holding regular community engagement events, we are continually striving to make a positive difference within the communities we operate. I am very proud of all of the work we do, and would like to extend my thanks to all of our employees for their tireless dedication this year.

I wish all of you a happy festive season and look forward to an even more successful 2017!

Eva Holmes
Chair

Cherwell

Kidlington and Spiceball Leisure Centres support local GP’s

Legacy Leisure’s GP Referral programmes and exercise classes in Kidlington and Spiceball are continuing to help people with Diabetes and Pulmonary Disease.

The GP referral scheme has continued to be a great success across each of the sites, with the Diabetes Awareness Day on November 14th raising awareness amongst our customers.

At the centres, the scheme continues to expand, with particularly good numbers seen at Kidlington and Spiceball.

A special mention should be made regarding the coordinator of the programme, Darren Whittle.

It is because of his enthusiasm and commitment that the scheme has flourished since the new building opened.

Woodgreen revamp work nearing completion ahead of grand opening

With the grand opening of Woodgreen’s Leisure Centre’s new £1.2 million state of the art facilities, the Legacy team have opened their doors to the new gym facility, with membership sales continuing to grow thanks to the great efforts of the team.

Commenting on the improvement works, Cherwell District Council Deputy Leader, George Reynolds, said: “Woodgreen has always been recognised for having the town’s only outdoor swimming pool but these improvements will help to promote the other opportunities available at the centre so it becomes recognised for more than just alfresco swimming.”

The improvements for Woodgreen Leisure Centre have included a new 50-station health-and-fitness gym suite, dedicated dance and spinning studios, an integrated café and library, larger changing rooms, new toilets, a purpose-built reception area and a meeting room.

The revamp was announced in March by Cherwell District Council. Legacy Leisure is excited to finally be launching this much anticipated community leisure facility, with an open day scheduled for January 2017.
Youth scheme proves a hit at Wonford Sports Centre

Sport England and Wonford Sports Centre have been working together to help combat anti-social behaviour in the local area. The £4k funded programme, which has been supported by Exeter City Football Club and Legacy Leisure in Boxing, Street Soccer, Basketball and Netball has now finished, having had a very positive impact on the local community.

The scheme was created to engage young adults and children from the local community, giving them the chance to channel their energy through sports and exercise. The project has now been completed with the following key data objectives met:-

- 250 participants attended at least 1 session
- 105 participants continued with sporting activity attendance
- The project has highlighted the need for continued development with regard to activities for the 11-25 age range, and potential applications for funding are being considered.

Legacy Leisure honour town’s top athletes.

Legacy Leisure has helped to honour the town’s top athletes.

General Manager Matt Tilley and members of staff from Legacy’s Kettering contract attended the Kettering Sports Awards at Wickstead Park on Thursday 27th October.

The prestigious event is aimed at supporting local talent and featured 13 categories, with Legacy Leisure sponsoring the award for ‘Local Sports Person 2016’.

Highlights of the event included Jacqueline Farrow of Kettering Amateur Swimming Club (top right) winning ‘Coach of the Year’, Harriet Palmer of Kettering Amateur Swimming Club (above) winning ‘Young Leader of the Year’ and Desborough Leisure Centre’s Walking Football team winning the ‘Get Active’ award (bottom right).
Duty Manager saves Grandfather’s life

Hutton Moor received some very positive coverage in the local media in August following a first aid emergency that resulted in the Duty Manager, Dave Gould, and the team saving a life.

Mr Waddington was playing football with his 16-year-old grandson Daniel Richardson, at the leisure centre in Hutton Moor Road, when he collapsed.

Duty Manager Dave Gould put his first aid training into practise using a defibrillator and administering CPR to Mr Waddington whilst waiting for an ambulance.

This incident highlighted the importance of staff training and how responding swiftly and professionally to a life threatening scenario is vital.

It also provided a positive platform for us to gain media exposure with the new Mini Medics kids first aid courses.

Well done to the Dave and the team at Hutton Moor Leisure Centre for acting quickly.

Contracts signed for new leisure services in South Northamptonshire

Legacy Leisure is delighted to have recently taken over the operation of South Northants Council’s Leisure Centres - Towcester Centre for Leisure, Brackley Leisure Centre and Brackley Swimming Pool. This partnership includes a new build, new installations and refurbishment works, with a long term management operation through Legacy Leisure.

As part of the new contract there are continuing improvements to the leisure centres, including: a new 6 lane swimming pool and learner pool, dedicated spin studio, new 110 station fitness suite and new Precor gym equipment at Brackley Leisure Centre (bottom left concept).

Cllr Karen Cooper, portfolio holder for community and wellbeing said:

“This new leisure contract is great news for residents as it will provide improved facilities for the district, encouraging healthy and active lifestyles for years to come.”

Towcester Centre for Leisure has also received a new gym installed (top left), comprising new Precor equipment, floor and décor, changing room improvements, as well as a refurbished café, which will offer a new menu including healthy snacks and drinks.

In addition, there has been a further 26 spaces added to the car park at Towcester Centre for Leisure.

Pools making a splash for good causes

The annual sponsored Swimathon will be taking part at Brackley Leisure Centre and Towcester (bottom right).

Both pools have registered for the 2017 Swimathon with local swimmers invited to take the plunge and challenge themselves for a good cause.

The swimathon will provide an excellent opportunity for swimmers of all abilities, showcasing the benefits of our Adult and Child swimming lessons.
Barry Leisure Centre supports local runners in the 10th Anniversary Porthkerry Race

Barry Leisure Centre continued its involvement with the Porthkerry 5 mile race.

The event was a sell out with more than 300 participants signing up for the 5 mile challenging multi-terrain race, while countless more gathered to cheer on the competitors.

This event proved to be great publicity for Legacy, who provided the prizes in the form of free swims and guest passes.

Ladies walking netball at Northcroft Leisure Centre

Northcroft Leisure Centre has successfully launched the first of their walking netball classes.

Walking netball is aimed at women aged over 40 but is open to all ages.

It is primarily an activity for those who want to keep active or may have hung up their netball shoes due to injury, it really is for everyone.

These sessions are designed to help participants keep an active lifestyle regardless of age or fitness. They provide a fun and friendly social session, plus the added fitness benefits.

Looking to build on the success of these sessions Northcroft will be running regular sessions in the New Year.

Magnet’s Pearce Suite Theatre lines up new performers

Magnet Leisure Centre hosted the first Pearce Suite Theatre event on Sunday 9th October, with famed magician Pete Firman taking the headline.

With over 200 tickets sold, a new audience was brought into the centre, allowing the team to contact them regarding membership promotions and events.

The line-up for the Pearce Suite Theatre is growing with the classic Christmas Pantomime Jack and the Beanstalk booked for 20th December and Horrible Histories booked in for Easter 2017.

Expressions Fitness team deliver huge warm up session

The annual Maidenhead Half Marathon took place on the 4th September 2016 with the Expressions Fitness team having their moment of fame by leading more than 2000 runners through their warm up.

The opportunity to deliver outreach at the event also proved successful with with both runners and crowd seeing what Expressions membership is all about.