



# SPICEBALL LEISURE CENTRE

## Banbury Net Tigresses

Banbury's Net Tigresses meet weekly and currently are at full capacity with 30 adults and 4 under 18s making up the club. We welcome all abilities with the aim of coaching and playing in friendly and competitive matches.

Banbury's Net Tigresses struggle to find a hall to call home, which can offer the correct space and on a regular basis. The funding from Legacy Leisure will help with line painting in a new hall they have found and also with buying new equipment.



# OVERVIEW

With the funding secured and more equipment purchased and in a regular venue we hopefully can offer spaces to more people in the to more people in the Banbury community to come and enjoy playing netball and being part of a fun and active group. These session are open to all abilities.

Netball offers significant physical benefits like improved cardiovascular health, strength, agility, and coordination, while also boosting mental well-being by building confidence, fostering teamwork, sharpening strategic thinking, and providing a strong social support network, making it an accessible sport for various ages and abilities.



Working in Partnership  
with your Local Authority



**[Legacyleisure.org.uk](http://Legacyleisure.org.uk)**