



Barry Leisure Centre

YMCA Barry and Silver Stars

Background

YMCA Barry provides vital physical activity opportunities, helping children develop fundamental movement skills in a safe, structured, and fun environment. With a booming membership of over 1,000 children, the demand for gymnastics in the Vale of Glamorgan is exceptionally high. To safely scale their operations and accommodate more local children, the club identified a critical need to invest in their workforce. Without upskilling existing staff and training new coaches, session capacity would remain capped, leaving local children on waiting lists.

Use of the Community Grant

The grant funding is explicitly allocated to **coach education and strategic club development**. By funding higher-level coaching qualifications, the investment directly addresses the club's operational bottlenecks.

Key allocation areas include:



OVERVIEW

- **Advanced Coaching Qualifications:** Upskilling current staff to lead higher-level and more diverse sessions.
- **Workforce Upskilling:** Training new or junior coaches to maintain strict, safe coach-to-child ratios.
- **Service Expansion:** Laying the groundwork to introduce new sessions.

Tangible Community Benefits

"By investing in the coaches, we are directly investing in the children. Higher qualifications mean more capacity, shorter waiting lists, and more local kids living active, healthy lives."

- **Increased Participation & Capacity:** Higher qualifications allow the club to legally and safely run additional sessions. This directly translates to more slots for children in the Vale of Glamorgan, getting more youth off screens and into sport.
- **Enhanced Safeguarding & Quality:** Funding ensures that the "safe and fun environment" YMCA Barry is known for is reinforced by top-tier, modern coaching standards.



OVERVIEW

- **Local Workforce Development:** The grant provides young people and volunteers in the community with tangible, accredited qualifications, improving local employability and skills.
- **Sustained Community Health:** Focusing on fundamentals for toddlers to teens builds a lifelong habit of physical activity, combatting childhood obesity and improving mental well-being in the Penarth area.

This grant demonstrates a high return on investment in terms of community value. Improving qualification and training standards helps ensure a safe and secure environment for all at the club.



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