

## CARDIFF INTERNATIONAL POOL & GYM

**RLSS TEAM WALES** 

Working in Partnership with your Local Authority



LegacyLeisure.org.uk



## **BACKGROUND**

The Royal Life Saving Society (RLSS) Team Wales received community grant funding from Legacy Leisure to compete in the Commonwealth Lifesaving Championships in Canada.

RLSS Team Wales, based at the Cardiff International Pool & Gym, has taken a team of 20 to the Commonwealth Lifesaving Championships in Windsor, Canada, thanks to funding from Legacy Leisure. The funding enabled the centre to select and train the team of 20 participants in the competition to represent Wales in the Championship.

Supporting lifesaving sport as an activity, the funding will also help to ensure current and future lifesavers are given a path towards competing and representing Wales at the highest level of competition.

Every member of the team is a qualified lifeguard, and many work as pool and beach lifeguards or as swimming teachers, and as such are all valued members of their community.