

COWBRIDGE  
**LEISURE CENTRE**



# COWBRIDGE LEISURE CENTRE

**INCLUSIVE KARATE FOR ALL: KARATE JUTSU  
KAI WALES' MISSION TO MAKE MARTIAL ARTS  
ACCESSIBLE**

Working in Partnership  
with your Local Authority



**LegacyLeisure.org.uk**





## BACKGROUND

Karate Jutsu Kai Wales is a non-profit karate organisation run by volunteers. Formed in 1986, they have clubs in Cowbridge and Llantwit Major Leisure Centre with approximately 120 members, including over 20 black belts. They offer a welcoming and inclusive environment for students, priding themselves on high standards.

Grant funding will enable the club to maintain and develop their teaching capabilities with training and certification as well as upgrade their equipment.

Centre Manager Lisa David said:

**"This will allow the clubs to continue to provide affordable and quality teaching, helping to make Karate accessible to as wide a range of people as possible. New training equipment will allow us to expand the range of activities we can provide, while maintaining our high standards of safety."**