



SPICEBALL

LEISURE CENTRE

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**INSPIRING OTHERS: FUNDING FOR THE 2025
WORLD TRIATHLON DUATHLON CHAMPIONSHIPS**

Working in Partnership
with your Local Authority



LegacyLeisure.org.uk



BACKGROUND

Spiceball Leisure Centre member Allyson Anstee has always been sporty; from netball to Hyrox, Allyson has been active throughout her adult life. Now, with support from Legacy Leisure's Community Grant Funding, Allyson is taking on her next challenge – the 2025 World Triathlon Duathlon Championships.

Allyson first competed in triathlon 10 years ago and since then, has completed all running distances up to ultra marathon and iron distance triathlon, including the Escape from Alcatraz Triathlon in 2023; a bucket list event to celebrate her 50th birthday!

As a strong runner, Allyson made the decision to drop the swimming leg and pursue duathlon, working hard to get faster on the bike. Having qualified to represent Great Britain in her age group at the 2025 World Triathlon Duathlon Championships last year, she faced the challenge of funding the event and the trip to Pontevedra in Spain.

Community Grant Funding from Legacy Leisure has covered Allyson's race entry, travel including bike transport, and required equipment.

For Allyson, she hopes that her achievements can encourage others to stay active and healthy:

"I'm hoping to inspire other middle-aged women that we can be fit and strong! It's a challenging period of life for many of us, and I want to come out the other side with a duathlon Age Group competition to add to my list of achievements."

The 2025 World Triathlon Duathlon Championships are taking place on 21-22 June in Pontevedra, Spain.