



TOWCESTER

# LEISURE CENTRE

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DISABILITY INCLUSIVE SPORTS CLUB (DISC)

Working in Partnership  
with your Local Authority



**LegacyLeisure.org.uk**





## BACKGROUND

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**Disability Inclusive Sports Club (DISC) was started in 2009 as a multi-sports club for children with disabilities to attend with their families. The club provides a welcoming and inclusive space for participants to take part in a wide range of activities, delivered by a mix of qualified coaches and volunteers.**

DISC offers sessions free of charge, in a safe environment, allowing all children to feel welcomed and included and removes any cost barriers associated with attending these sessions. The sessions cover a range of sports, from football, tennis, cricket to dance, and they also provide a quiet room for those struggling and needing time out. The quiet room also provides activities such as table tennis, boccia and curling.

**"We are a charity and rely fully on funding. We have amazing volunteers who help deliver and run our sessions, as well as qualified sports coaches. Funding that Legacy Leisure has provided will help with the purchase of new equipment such as new balls, bats, nets to support the wide range of activities we have to offer and the growing number of participants attending so everyone can get involved."**