

BARRY

LEISURE CENTRE



BARRY BEAVERS DISABLED SWIMMING CLUB COMMUNITY GRANT FUND

Working in Partnership
with your Local Authority



LegacyLeisure.org.uk



BACKGROUND

Formed back in 1981, Barry Beavers Disabled Swimming Club has helped hundreds of people over the years to learn how to swim.

At the heart of the community in Barry, Barry Leisure Centre accommodates the swim club, which is a registered charity and run by volunteers.

The club uses the Halliwick Concept in its approach to the provision of teaching disabled people swimming - the Halliwick Concept is an holistic approach to swimming, bringing together knowledge about: the water and the body; teaching and learning; motivation; challenge; activities, games and music; group dynamics; disability equality issues and swimming strokes.

Swimmers are taught on a one-to-one ratio until complete independence is achieved but each pair is a unit within a group activity so that the swimmer gains the advantages of group work, but also gains from the constant attention of an individual instructor. No flotation aids are used so that the swimmer is able to discover their own balanced position in the water by learning to deal with any problems of imbalance.

In order to complete the Halliwick Concept approach, staff training is vital. The funding from Legacy Leisure has allowed the club to purchase new IT equipment that will allow for further training of new instructors.

The more instructors that are trained to work with a disabled customer, the more swimmers the club can accommodate, showing the direct impact of the funding.